

# The All-Around

May 2026

## STATE AND REGIONAL CHAMPIONSHIPS

Salute Gymnastics competed in the State Meet (March 27-29th) and Regional Championships (April 17-19<sup>th</sup>). These events have wrapped up the competition season for the team. Salute Gymnastics had a successful championship season. The State Meet awarded places to the top 50% in each age group. Our **Bronze team** (10 girls) took home 16 medals, including Madeline Andersen as Vault Champion with a 9.6 and All-Around Champ with a 37.225. The **Silver team** (25 girls) took home 42 medals with Charlie Boots being crowned Beam Champ with a 9.55, Amelia McBride Beam Champ with a 9.525, Reese Klocke Runner-Up Floor Champ with a 9.4, and Charlee Miller Vault Runner Up with a 9.15. The **Gold team** (9 girls) brought home 20 medals with Charlee Henry Runner Up in Vault (9.0), Beam (9.25), Floor (9.45), and All Around (36.85). The **Platinum team** (8 girls) brought home 12 medals with Bella Brock being named Runner-Up Champion on Beam with a 9.2 and Olivia Linde Champion on Vault with a 9.075. **Diamond team** made up of Allison Middents brought home Vault Champion with a 9.0 and Runner Up Champ on Beam with a 9.475.



At the Regional meet in Sioux City, IA, Salute Gymnastics took 17 girls to compete against others throughout our 7-state region (North Dakota, South Dakota, Minnesota, Wisconsin, Nebraska, Iowa, and Missouri) and the top 40% of each age group received medals. The 17 ladies brought home 29 medals with 8 top 3 finishes. Charlie Boots finished 2<sup>nd</sup> on Vault with a 9.1, second on beam with a 9.15, and third place All Around with a 37.0. Allison Middents was Runner up on on Vault with a 9.0 and Charlee Henry placed 2<sup>nd</sup> on Vault with a 9.45. We are proud of the work the girls put in this year and are looking forward to continued success.

## TEAM TRYOUTS

### Want to be part of the competition team?

This is your chance to show us what you got! We will have team try outs in front of the team and recreational coaches. Each girl will participate on each event and show us a variety of skills. We will evaluate your child's skill and decide if they got what it takes. Needed skills will be worked on during the recreational classes.

Sign up for try outs at [Salutegymnastics@gmail.com](mailto:Salutegymnastics@gmail.com) or on the sign up on the team bulletin board. Try outs will be from **1:00pm-3:00pm on June 6<sup>th</sup>**. Kids trying out will need to be present the entire time. Children must be 5 years of age or older to try out. If there is a conflict with team tryouts, please talk with Teresa about other options to evaluate your gymnast. Results will be sent out later that afternoon/evening. More information on the team including costs, travel, practices, and expectations are located on the bulletin board in the gym.

## TEAM CLASSES SUMMER OPTIONS

Starting June 1<sup>st</sup>, team classes will be moving to our summer schedule. A sign-up sheet has been put on the bulletin board for potential class times for the summer. If certain class sizes are too small, things will be rearranged to fill up classes. If you can't make it in to sign up, let Teresa know to get you signed up. Morning classes are for Gold/Platinum/Diamond only (the level competed in the 2024-2025 season). **All recreational classes will have the same class schedule throughout the summer.**

### Potential Team Class times:

**Monday:** 5-7pm (4-6pm & 6-8pm)

**Tuesday:** 10am-12pm (G/P/D only), 4-6pm & 6-8pm

**Wednesday:** 3:30-5:30pm

**Thursday:** 10am-12pm (G/P/D only), 5pm-7pm

**If you are planning on taking time off during the summer months, please let us know to be dropped from class, otherwise you will be charged for the month.**

## OPEN GYMS

Salute Gymnastics will be offering open gyms on May 9<sup>th</sup> & 16<sup>th</sup>. The open gym will be from 10-11am. Open gyms are available to all kids and will give your gymnasts time to work on their gymnastics skills or have fun for an hour. There is a \$5.00 fee for Salute gymnasts and \$8.00 for non-members. Family members are considered members as well and will be charged \$5.00.

Contact us now about a birthday party at Salute Gymnastics!  
[Salutegymnastics@gmail.com](mailto:Salutegymnastics@gmail.com) or 712-254-9011