

# The All-Around

May 2019

## XCEL REGIONAL CHAMPIONSHIPS

Salute Gymnastics competitive team wrapped up the competitive season at the Region 4 Championships in Minneapolis. The Regional Meet brings together the top Xcel gymnasts from Iowa, Minnesota, Missouri, Nebraska, North Dakota, South Dakota, and Wisconsin.

Salute took 22 gymnasts to this meet. Despite the extremely tough competition, 11 gymnasts were able to place (top 40%). Salute gymnasts also received 7 top 3 awards including:

- Kaitlyn Hickman – 1<sup>st</sup> Place Floor, 3<sup>rd</sup> Place All-Around
- Molly Stamp – 2<sup>nd</sup> Place Vault
- Bella Brock – 3<sup>rd</sup> Place All-Around
- Madeline McCoy – 3<sup>rd</sup> Place Bars
- Morgan Botos – 3<sup>rd</sup> Place Bars, 3<sup>rd</sup> Place Beam



Congratulations to all team members on a great season and we now look forward a great summer building toward an even stronger season next year.

## REMINDER NOTICE – NEW POLICY ON USE OF HAIR TIES

Children with long hair must have their hair pulled back to take part in gymnastics classes. This is a safety issue as the gymnast must have their hair out of their face. Previously we have given out hair ties to children that did not have their hair pulled back. We were giving out multiple hair ties on a daily basis and many were to the same children each week.

Effective April 1<sup>st</sup>, **WE WILL NO LONGER PROVIDE FREE HAIR TIES.** If your child shows up to classes without their hair pulled up, they will be charged \$0.25 for a hair tie to keep their hair up. Thank you for understanding.

## SALUTE TEAM 2019–2020

In the next couple months, Teresa and Jeremy will be looking for new team members for next year's team. We will be scouting girls in the recreational classes and will be giving letters to those that we are asking to join the team. There is no formal try out. We look for kids with the needed skills to join the team as well as how they act in class and their work ethic. If your gymnast is interested in joining next year's team, please notify Teresa or Jeremy with their regular class day and time to get them on our team watch list. If you have questions, feel free to email Teresa or talk with her after class.

## TIVOLI FEST PARADE

Salute Gymnastics will be participating in the Tivoli Fest Parade in Elk Horn Memorial Day weekend on May 25<sup>th</sup> at 11:00am. We would like as many gymnasts and family members as possible to perform in the parade. Gymnasts can walk/cartwheel/flip along the parade route. The parade is roughly a mile long and the kids have a blast showing off their awesome skills. Please meet on Madison St (same as previous years by the school) by 10:45. A sign-up sheet will be posted for those wanting to join us. Please wear your favorite Salute shirt, leotard, comfy tennis shoes, and you may bring gloves to protect your hands, etc. If the weather is nice and sunny, sunscreen should be worn. Hope to see a large group for the parade!!

## STATE FAIR TUMBLING

For those interested in the tumbling competition at the Iowa State Fair on August 17<sup>th</sup>, there is a sign-up sheet in the gym. Each child will compete against kids their own age and ability. You do not need to be a member of the competitive team to compete at the Iowa State Fair. Cost for members of Salute Gymnastics is \$40 and will be due when you sign up. A Salute leotard will need to be purchased for the meet and there are some located on the clothing rack in the pro-shop. Orders for additional leotards will be placed mid-June. Routines will be worked on during regular classes.

Contact us now about a birthday party at Salute Gymnastics!  
Salutegymnastics@gmail.com or 712-254-9011

## OPEN GYM SCHEDULE

Open gyms are available to all kids and will give your gymnasts time to work on their gymnastics skills or have fun for an hour. There is a \$5.00 fee for Salute gymnasts and \$8.00 for non-members. Dates for May will be Saturday, May 4<sup>th</sup> & 18<sup>th</sup> from 10:00-11:00am. Come in and bring a friend to have fun at Salute Gymnastics.