

The All-Around

August 2019

SALUTE ENTERTAINMENT EVENTS

Exira 4th of July Parade: Thanks to those who joined us in Exira for the 4th of July Parade. The 4th had great weather, and our kids did awesome showing off some great skills. This parade gets our great gymnasts a lot of exposure and recognition. We appreciate everyone that comes out for the parade and performance. A special thank you to the Gaul family for letting us use their trailer for an amazing float.



AtlanticFest Performance, August 10th: The AtlanticFest performance is at the entertainment stage by the City Park at 12:15-12:50pm. Participants can meet us at the park by 11:50pm. We will perform tumbling skills on mats in front of the stage. This is another great opportunity to perform in front of a lot of people. All gymnasts are welcome and encouraged to perform, from beginner to advanced. It is also a great opportunity for those competing at the Iowa State Fair to perform in front of a crowd prior to the competition.

****All gymnasts are encouraged to wear Salute leotards or t-shirts to these events if you have them. Feel free to join us at these events. Everyone is welcome. See you there!**

STATE FAIR TUMBLING COMPETITION

Salute Gymnastics will be taking 27 gymnasts to compete at the Iowa State Fair Tumbling Competition on August 17th. Salute will also be competing as a team and will be shooting for another top five finish. We will send out schedules and a map this week for the Iowa State Fair Tumbling Competition. Advanced State Fair Tickets are available at Hy-Vee or Fareway for a discount price. You will need to purchase tickets for your gymnasts to get into the fair. Good luck to those competing!

BRING YOUR FRIEND TO CLASS WEEK

During the week of August 12th-15th, the recreational classes may bring a friend to class to join them in classes and games for free. There will be a sign up sheet on the board to let us know who will be coming with you. Make sure you grab a waiver for your friend to be filled out ahead of time.

CHANGES IN TEAM SCHEDULE

As the school year is starting up again, we will be ending the morning team classes before school starts. The last morning practice will be August 15th. Classes will go back to the regularly scheduled classes the week of August 19th.

OPEN GYM SCHEDULE

Salute Gymnastics will be offering two open gyms again on August 10th (**prior to AtlanticFest performance**) and 24th from 10-11am. There is a \$5.00 fee for Salute gymnasts and \$8.00 for non-members.

IGN HIGH PERFORMANCE CAMP

This summer 9 Salute team girls went to IGN High Performance camp in Coralville the week of June 24th-28th. During the camp, the girls learned new drills and skills to help during the competitive season. Each gymnast went to camp from 8:30am-4:30pm Monday through Friday. During camp, our gym received 6 Camper Of The Day awards. They also got to be coached by Erika Briscoe, former Elite and college gymnast in Wisconsin.



Contact us now about a birthday party at Salute Gymnastics!
Salutegymnastics@gmail.com or 712-254-9011