

# The All-Around

September 2019

## IOWA STATE FAIR TUMBLING

Congratulations to those that competed at the Iowa State Fair Tumbling Competition. Salute Gymnastics had a great meet



and placed 4<sup>th</sup> as a team amongst 17 teams competing.



We had 28 competitors at the state fair including competitive team members as well as recreational kids. The gymnasts all represented southwest Iowa very well individually with 16 top 3 finishes in their respective age groups including 4 first place blue ribbons. We are very proud of the students and the work they put in this summer.

## SQUADLOCKER ONLINE PRO SHOP

Salute Gymnastics has started an online apparel store with many items to shop for. We have included various items such as sweatshirts, sweat pants, pajama pants, shorts, tank tops, hats (stocking and ball caps), blankets, etc. If there are items that you would like to see that aren't available (jackets, name brand item (Nike, Under Armor, etc.)) or a different color of an item, please let Teresa or Jeremy know, and we can get them added.

Check it out at <https://teamlocker.squadlocker.com/#/lockers/salute-gymnastics> and show your Salute Gymnastics pride.

## ADVOCARE

One of our goals at Salute Gymnastics is to continually promote a healthy lifestyle. Therefore, we are a distributor of AdvoCare health products. If you are looking to slim down, improve joint or digestive health, lower stress, rehydrate/replenish yourself during and after a workout, or even if you just need a boost in the middle of a day, AdvoCare has many plans and individual products for you to choose from. If interested, please contact Teresa or visit [www.advocare.com/180813081](http://www.advocare.com/180813081).

## OPEN GYM SCHEDULE

Salute Gymnastics will be offering two open gyms again this month on Saturday, September 7<sup>th</sup> and 28<sup>th</sup> from 10:00am-11:00am. There is a \$5.00 fee for Salute gymnasts and \$8.00 for non-members. This is an hour for gymnasts to work on certain skills, or to just have a fun hour playing on the equipment. Everyone is welcome, so feel free to bring a friend.

## PAYMENT REMINDERS

When making payments for monthly class tuition, please write your child's name on the memo line. This will help us make sure the right account is credited. If you leave payment in the payment box, please also write what the payment is covering if the payment amount is different than the normal monthly class tuition.

Contact us now about a birthday party at Salute Gymnastics!  
Salutegymnastics@gmail.com or 712-254-9011