

The All-Around



October 2025

HAPPY 14TH BIRTHDAY, SALUTE GYMNASTICS!!

Salute Gymnastics turns 14 years old this month!! We opened our doors for our first classes on October 24th, 2011. We are so thankful to all the families that have supported us throughout this journey and continue to be a part of our dream. Thank you for helping make Salute Gymnastics such a wonderful place for kids of all ages. We truly can't thank everyone enough for all the wonderful years and awesome kids and families. We are grateful for all the amazing coaches who teach these great kids and those who have taught them throughout the years. We are truly blessed beyond words.

NATIONAL COACHES DAY – OCTOBER 6TH

Monday is National Coaches Day and we would like to show the coaches how honored we are to have them. If you could please help comment on our Facebook and Instagram page to show your appreciation with lots of high 5's and hugs next week. We truly appreciate the wonderful coaches at Salute Gymnastics and hope you all enjoy them as well.

HALLOWEEN WEEK

We will be celebrating Halloween at Salute Gymnastics starting Monday, October 27th through Thursday, October 30th. Kids are welcome to wear their Halloween costumes to class during this week. We still recommend that the kids wear their leotards under their costumes in case they want to take off their costumes. During that week, we will have extra games during classes, and a candy treat for each kid at the end of their class. We will take pictures of each class during this week. If you don't want your child in the picture, please let us know. These will be posted on our Facebook and Instagram pages.

MEDICAL CONCERNS

We understand that allergies and colds are common right now. If your child is not feeling well, we ask that you please keep them at home until they are feeling better. If your child did not go to school, don't bring them to the gym. You can put their absence in on your Jackrabbit account and schedule a make-up. I love for kids to share, just not their sick germs.

GENERAL REMINDERS

Since we have so many new faces in the gym, here are a couple reminders regarding classes.

- Hair needs to be put up for each class. This is for the safety of your child to have their hair pulled back out of their face. Please remember to send them with a hair tie to classes.
- Payments are due on the 5th of each month. If you are on auto monthly, the class fee and registration fee will be pulled out at that time. If there are other items to be paid for in your account, those will not come unless you speak with Teresa about pulling extra amounts out of your account.

OPEN GYM SCHEDULE

The open gyms this month will be on Saturday, October 11th from 10-11am and Sunday, the 19th from 1-2pm. Open gyms are available to all kids and will give your gymnasts time to work on their gymnastics skills or have fun for an hour. There is a \$5.00 fee for Salute members and \$8.00 for non-members.

Contact us now about a birthday party at Salute Gymnastics!
Salutegymnastics@gmail.com or 712-254-9011