

The All-Around

July 2026

EXIRA 4TH OF JULY PARADE

The Exira 4th of July Parade will be on Friday, July 4th at 10:30am. We will be meeting in Legion Park (ball fields off S. Florence St) to get into the parade line up. For those wanting to participate in the parade, meet between 10:00 and 10:15am in the lineup. Teresa and Jeremy will be throwing candy while the kids show off their awesome skills. A trailer will be available for kids to ride if they get tired or would rather ride. All are welcome to participate. If your child is 5 years or younger, we ask that a parent accompany them. Be sure to bring a water bottle and gloves (if needed for tumbling). Kids can wear a Salute Leotard, other Salute gear, or anything red, white & blue as well as plenty of sunscreen. Kids in the parade need to wear tennis shoes (NO sandals, flip flops, etc.). Shoes need to be secure so they won't fall off while tumbling along the route. Kids can be picked up at the ball field after our portion of the parade is done. Please be prompt when picking up your child. We will wait with the kids until they are picked up at the ball field. There is still time to sign up for the parade!



GYM CLOSINGS IN JULY

The gym will be closed July 13th-16th and Thursday, July 23rd. Everyone is welcome to reschedule their classes in our online system. Absences have already been put on all accounts. If you are having trouble rescheduling, please email Teresa.

NEW TEAM MEMBERS

Congratulations to our new team members. We added 6 new team members from the tryouts at the beginning of June. These girls have already started practicing with the team. All the kids trying out did a fantastic job. It was a very impressive group. For those who did not make it this year, we encourage you to keep working, keep improving, and we look forward to you trying out again next year.

HOUSE KEEPING ITEMS

- If you plan on missing practice for any reason, we ask that you let us know by either email, leave a message on the gym number, or put the absence in on the parent portal. I have staffed my coaches based on the numbers in the class and it is hard to plan with people not showing up. If you let us know, you also get to make up the missed class.
- When July payments are run, if you haven't paid for state fair tumbling, state fair tumbling T-shirts or the summer leotard, those amounts will be run with the July tuition payment unless Teresa hears otherwise. **Payments are run on the 5th of each month.**
- Many outstanding balances on accounts. Please make sure to keep up to date with your tuition payments and other items on the parent portal accounts.

OPEN GYM SCHEDULE

Unfortunately, due our busy schedule we will not be offering any open gyms for the month of July. We should be able to offer 2-3 open gyms in August. Sorry for delay in open gyms for the month of July.

Contact us now about a birthday party at Salute Gymnastics!
Salutegymnastics@gmail.com or 712-254-9011