

# The All-Around

December 2018

## TEAM COMPETITION

The competitive team kicked off their competitive season with the Games in Ames meet at Gilbert Middle School November 17-18<sup>th</sup>. The Xcel Platinum team placed 2<sup>nd</sup> and the Bronze team placed 3<sup>rd</sup> out of many very talented teams. For many it was their first meet in Xcel and for some their first meet ever. All the girls did a great job and we are looking forward to competing again in January for the Chow's Winter Classic at the Jacobsen Building at the Iowa State Fair grounds January 18-20<sup>th</sup>.



**\*Remember that Team Pictures are on January 5<sup>th</sup> at 2:00pm!!**

## CONCERNING ISSUES

In the past couple weeks, there have been many concerning issues happening within the recreational classes. On two separate occasions within two different classes some of the girls have been scratching the balance beam with their finger nails. Someone also sprayed water into the chalk bucket, which will clump all the chalk together and not be usable. This will damage the equipment that we have worked hard to put in the gym for everyone to use. If this continues, the recreational classes will be unable to use certain pieces of equipment. Please talk with your children about respecting the equipment that we have put in they gym.

**HOLIDAY SCHEDULE:** The gym will be closed between Christmas and News Years. No classes from December 24<sup>th</sup> through January 1<sup>st</sup>. We will be open again on Wednesday, January 2<sup>nd</sup>. Merry Christmas and Happy New Year to All! Make up days may be available to those that plan ahead.

## FESTIVAL OF TREES

Salute Gymnastics had a tree as part of the Festival of Trees. The theme of the tree was "Peace, Love & Gymnastics". The tree, including ornaments with the picture of each gymnast, is now on display in the front of the gym. Gymnasts will be able to take home their individual ornaments the week of December 18<sup>th</sup>-21<sup>st</sup>. If you are not going to be at the gym that week, please let Teresa know, and we can get your ornament earlier.

## CHRISTMAS SHOPPING

When shopping for your gymnasts this holiday season, please remember Salute Gymnastics! We have t-shirts, long sleeved t-shirts, and sweatshirts for all sizes of gymnasts and their family members. Doll leotards, grips, grip bags, wrist bands, shorts, stadium chairs, and car decals are also available! Prices are as follows:

Leotard - \$26.50-\$34.50	Grips - \$12.85	Car decal - \$7.00
"Salute" Leotard - \$35.00 or \$40.00 (blue metallic)	Wristbands - \$5.00	Duffle Bag - \$30.00
Shorts - \$20.15	Doll Leotard - \$9.65	Stadium Chairs-\$39.00
	Scrunchie - \$2.50	

If you are interested in getting gym equipment for Christmas, check out [www.norberts.net](http://www.norberts.net). Use the promo code SA008 when purchasing on [www.trainlikesimone.com](http://www.trainlikesimone.com) use SA2018 and receive a 5% discount with this code. This code will also provide discounts for Salute Gymnastics when purchasing new equipment.

## OPEN GYM SCHEDULE

We will have open gym this month on December 8<sup>th</sup> and 15<sup>th</sup> from 10:00-11:00 AM. Open gyms are available to all kids and will give your gymnasts time to work on their gymnastics skills or have fun for an hour. There is a \$5.00 fee for Salute gymnasts and \$8.00 for non-members.

Contact us now about a birthday party at Salute Gymnastics!  
[Salutegymnastics@gmail.com](mailto:Salutegymnastics@gmail.com) or 712-254-9011