

The All-Around



April 2026

TEAM COMPETITIVE SEASON

The competition team wrapped up their regular season at the Iowa Xcel State Championship Meet in Bettendorf March 27th-29th. The Salute Team brought home 23 top three finishes. Five gymnasts were State Champions: Madeline Anderssen (Bronze) Vault and All-Around Champion; Charlie Boots (Silver) Beam Champion; Amelia McBride (Silver) Beam Champion; Olivia Linde (Platinum) Vault Champion; Allison Middents (Diamond) Vault Champion. Twenty-nine Silver, Gold, Platinum, and Diamond level gymnasts qualified for Regionals, which will take place in Sioux City, IA April 17th-19th. Congratulations to the competitive team for a successful State Meet and best of luck to those continuing to Regionals.

TEAM TRYOUTS

We will be having competition team tryouts for new members after the conclusion of our season (last meet is April 17th-19th). We are looking at having tryouts on June 6th from 1:00-3:00pm. Anyone over the age of 5 is welcome to try out for the team. There will be a sign-up sheet on the bulletin board.

HOUSEKEEPING ITEMS

As you send your kiddos to classes at the gym, please remember that kids need to have a hair tie to keep their hair off their face. We have had many kids showing up with their hair not pulled into a ponytail. ALL long hair needs to be pulled back. Even if hair is shorter, if it goes in their face while moving around, it needs to be pulled back. When hair is not pulled back, it gets caught when rolling on floor, etc.

If you are planning on being absent from the gym (due to sickness, appointment, conflict of schedule, other sport, etc.), please notify the gym either in your Jackrabbit account, call the gym, or through email. Participants can make up their missed classes if we are notified prior to the missed class. If you are going to be gone for longer than a class or two, please notify Teresa. We understand that schedules get busy, but we appreciate the advanced notice. Individuals cannot drop classes from accounts. That has to be done by notifying Teresa who can handle it on the administrative side.

SQUAD LOCKER & MERCHANDISE

As we draw closer to warmer temperatures, don't forget to rock Salute Gymnastics and check out Squad Locker for t-shirts, tank tops, and shorts for spring. There are also a selection of baseball caps and bucket hats available. If there is something you would like and don't see, let Teresa know to see about adding it to Squad locker. Just go to www.squadlocker.com and search Salute Gymnastics. All items will ship directly to you and the store is open 24/7. A portion of your order will help to fundraise for our organization.

Regional Qualifier shirts are on sale through Outfitters Plus through April 8th at 11:59pm. Anyone is welcome to order a shirt, sweatshirt, etc. and they will be delivered to the gym before the Regional Meet. Notification will be sent out when the shirt orders are in. <https://salutegymnasticsxcel2026.itemorder.com/shop/home/>

OPEN GYM SCHEDULE

We will have open gyms on **Saturday, April 4th 10:00-11:00am** and on **Sunday, April 12th 12:30-1:30pm**. The cost is \$5 per person for members, \$8 for non-members and anyone is welcome to attend.

Contact us about a birthday party at Salute Gymnastics!
Salutegymnastics@gmail.com or 712-254-9011